



FOR IMMEDIATE RELEASE:

Kalispell Regional Medical Center Pilots Project for a Healthier Montana

Tags: Healthcare, healthcare IT, Finance, Insurance, Personalized Medicine, Analytics

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Bio Wellness, Inc. (“BWI” - Ohio), **Kalispell Regional Medical Center** (“[KRMC](#)” - Montana) and **The Summit Medical Fitness Center** (“[The Summit](#)” - Montana) have announced their agreement to collaborate on a technology project aimed at health promotion and disease prevention.

[Bio Wellness, Inc.](#) developed **BIO®**, a cloud-based Personal Health Management System that uses a person’s biological information to improve their health.

BIO’s Personal Health Management System connects individuals—and families—with coaches, physicians, insurers and communities in a real-time HIPAA compliant health network.

BIO® analytics use an individual’s whole body information and the world’s ever-growing body of nutrition, medical and lifestyle information to generate recommendations that enable the delivery of low cost precision medical intervention to manage and treat chronic illness and reduce risk.

BIO® tracks and analyzes all implemented recommendations and results to provide true accountability.

KRMC’s project team is led by cardiologist [Jon Johnson, MD](#), whose practice for more than 20 years has focused on cardiovascular disease (CVD), and [Brad Roy, PhD](#), Administrator / Executive Director at KRMC and The Summit.

The BWI Team is led by Michael Willy, CEO and chief developer of BIO®, [Mark Prete, MD](#), Chief Medical Officer, and Chris Janelli, VP of Business Development.

With BIO®, the KRMC and The Summit team will demonstrate how symptoms of cardiovascular disease can be reduced. Over a specific timeframe, users of the technology will have four physician office visits and four diagnostic blood tests to determine their BIO® lifestyle plan with appropriate medical management and coaching.

BIO® will integrate with The Summit’s already successful *Journey to Wellness* program. It is expected that KRMC and The Summit will become the primary disease prevention and risk reversal model for Montana.

Dr. Roy explained, “While the current project specifically focuses on individuals at moderate cardiovascular risk, the greater benefit from BIO® is to provide any individual or family with a very high level physician-managed lifestyle program. BIO® assists medical professionals in identifying an individual’s disease risk so that appropriate personalized preventive measures and coaching can be provided today to reduce the risk for chronic disease in the future. We expect to offer the resulting program to The Summit’s members and to make this a cornerstone for improving health for the people of Montana.”

Mr. Willy predicts that leveraged with BIO®, The Summit’s *Journey to Wellness* program and experienced coaching staff will become a template for Community Health Management and the foundation for defining how Medical Centers, Fitness Centers, and communities across America can collaboratively be a significant weapon in America’s war against preventable chronic illness—especially CVD, type 2 diabetes and cancer.

Mr. Willy said, “Our pilot projects with Kalispell Regional Medical Center and Charlotte Hungerford Hospital will further demonstrate how BIO® removes the cognitive, cost and time constraints that prevent whole body information from being used in research, medicine and daily life—without busting budgets or exceeding encounter times. The economies that will flow from the adoption of such a practice model and its availability through KRMC and The Summit will enable all Montanans, and ultimately all Americans regardless of health or income, to receive a low cost level of healthcare not yet fully imagined.”

Dr. Mark Prete said, “The pilot project is the first step in demonstrating how BIO’s evidence-based clinical and financial analytics will support coding advanced diagnostics for reimbursement based upon significantly better health risk analysis. Many advanced diagnostic tests languish, as they can’t be monetized. BIO® will support monetization with new clinical and financial analytics that will show how advanced diagnostics can significantly support better health outcomes that lower healthcare costs.”

Simultaneously with KRMC, a second BIO® pilot project is being done at Connecticut’s [Charlotte Hungerford Hospital](#). The pilots are expected to commence in September and last approximately 6 months.

About Bio Wellness, Inc

Bio Wellness, Inc — Solutions for a Quantized World

Learn more at: <http://www.biowellinc.com>

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About Kalispell Regional Medical Center

Kalispell Regional Medical Center, located in Kalispell, Montana, serves as the largest acute-care hospital in the Kalispell Regional Healthcare (KRH) system. With 300 beds, KRH serves more than 170,000 within a geographical region of 20,000 square miles and employs more than 3,200 team members. In addition to KRMC, the KRH system is also comprised of another acute-care hospital (The HealthCenter), a skilled nursing facility (Brendan House), a fitness facility (The Summit Medical Fitness Center), a mental health and substance abuse facility (Pathways Treatment Center), a durable medical equipment company (Kalispell Medical Equipment) and more than 20 primary and specialty physician clinics. Core services include cancer care, cardiovascular care, emergency care, family health, neuroscience and spine care, orthopedics, pediatrics, prevention and wellness, and surgery. With the philanthropic support of the Kalispell Regional Healthcare Foundation, the system has maintained the nation’s first rural air ambulance service (A.L.E.R.T.) for more than 40 years and continues to add services and equipment to meet the growing health care needs of the region.

About The Summit

Our Mission: Well-being for all. Achieving happiness, health and prosperity.

The Summit Medical Fitness Center is Montana's largest and most comprehensive fitness and wellness facility located on the campus of Kalispell Regional Medical Center. The Summit offers a wide range of specialty programs from kids to seniors including adult fitness programs, performance programs for athletes, senior programs, weight management and special populations programs. As the region's only medical fitness center, The Summit excels in being the place to go when the doctor prescribes exercise. The Summit provides some of the finest programs, facilities, and equipment in the state and with more than 180 staff members, its personal trainers, fitness instructors, dietitians, nurses and physical therapists are superbly qualified to help everyone achieve results.